

# A MENTAL WELLNESS PANEL

Black History.  
Our History.  
His Story.

📅 Saturday 24th, February 2024

🕒 4:00 PM- 7PM

**489  
MAIN  
ST. POK.**

Hosted by: The  
Brain and Body  
Coalition

For questions email:  
brainandbodyevents@gmail.com

## THE SPEAKER LINEUP



SPEAKER 1

### Dwayne Douglas

Assistant Director Marist Liberty Partnership program, youth mentor, Recipient of 40 under 40.



SPEAKER 2

### Seth Davis

Mental health counseling student, healing through C-PTSD, and blogger



SPEAKER 3

### Anthony Slade

Entrepreneur, Coach, youth advocate and supervisor of Pete's place



SPEAKER 4

### Dennis Woodbine

Founder & Executive Director at Finish Strong Wellness Center, Inc.



SPEAKER 5

### Nick Jackson

Self taught Hip Hop and animation dancer, also an advocate for food justice. Known to many as Farmer Nick or as The Prince of Pershing



SPEAKER 6

### Omar Graves

Mental health advocate, blogger, podcaster, and Graduate student at SUNY New Paltz