

# Henna

Final project by Yoona and Hanna

# What is Henna?

Henna is the staining of skin with a paste mixture made from a henna plant.

# Origins of Henna

- Henna is said to have originated from Pakistan, India, Africa, and the Middle East, and to have been over 9000 years old
- Henna has a cooling effect on skin, and it was believed that was used to cool skin in the hot desert, and later realized that it left a stain on the skin.

# When is Henna Used?

- Henna is done as decoration of the body, used by both the poor and the rich.
- Henna is used especially on holidays and weddings, where a celebration is held the night before the wedding and the bride is decorated with henna designs.
- The deeper the henna color, the longer she waited to have it done, symbolizing how well of a patient wife she will be.

